

Eda's News

EduArt Nurseries and Preschools Newsletter
10/2023

Dear parents and supporters of EduArt,

Thank you for reading our current Newsletter, on the pages of which you will find out what awaits your children in October.

The beginning of the school year is well behind us, including the adaptations of the new children in September, where now we can devote ourselves fully to the varied program that our teachers have been preparing for your children. **In this editorial, I would like to focus on them - the teachers, who are one of the main pillars of our kindergartens.**

The teaching profession is one of the most demanding professions, which we at EduArt are fully aware of. That is why **we work to improve the working conditions and well-being of our teachers.** They have the possibility of self-realization and development through the continuous education we provide to them. For example, they attend courses for the development of pedagogical and communication skills or for the prevention of burnout syndrome. Additionally, team meetings and individual reflection with management take place regularly. Traditional team building events are also used to build the team and community.

An important actor in the field of employee care is our **kindergarten teacher psychologist, Michaela Teplá.** Let me introduce her briefly. Michaela studied psychology at the Faculty of Arts, Charles University. She worked in a private kindergarten and a center for children with disabilities on the autism spectrum. She also worked as a consultant at the Safety Line. She established herself professionally as a school psychologist and psychotherapist for adults and adolescents. **She focuses on working with teachers because, according to her, they have a great influence on children as they provide great support and act as role models for them.**



Michaela provides our teachers with **individual crisis intervention** - this in the event of an adverse work or personal situation that a teacher is experiencing. Additionally, she could be invited to **listen in on a class** that is facing a challenging situation or an individual's behavior in the classroom. She also **conducts group sessions for teachers** based on their specific demand. If teachers identify a problem for which they need support to overcome, they are able to meet with the psychologist on this case and look for a solution. All meetings are bound by confidentiality, as well as take place in a safe environment and a friendly atmosphere.

We believe that this contribution to creating a good climate in the workplace will also benefit your children, whose positive development and a healthy relationship with the kindergarten comes first to us.



I wish you a pleasant reading.

Ida Smékalová, co-founder of EduArt



EVENT CALENDAR

- 4.10. Speech therapy
- 5.10. Farmers' Market Jiřák
- 10.10. Fly a kite
- 12.10. Canistherapy
- 18.10. Speech therapy
- 19.10. Trip to Krsky forest - green class
- 19.10. Theatre U Hasičů - Ferda Mravenec - blue class
- 25.10. Retirement home - green class



WEEKLY THEMES

- Fall around us
- Weather
- Getting to know the trees
- Animals in the forest and by rivers

Autumn is not only in full swing all around us, but also in our kindergarten too. We will start to get acquainted with the new season and find out how the magic associated with it exhibits itself in nature.

Next week, we will talk about the variety of autumn weather, including how we can prepare for it and how we can use it for fun. We'll take advantage of the autumn wind and go fly kites.

How do we use wood and why is it important to save paper? Which tree is deciduous and which is coniferous? We will discover trees and their secrets in the third week of October. In addition, we will go to Krčské les to observe the trees.

The Animal Kingdom will appear in the last week of October. Specifically, we will focus on animals in the forest and by the stream.





EVENT CALENDAR

- 2.10. Individual speech therapy
- 3.10. Canistherapy
- 5.10. Tasting fruits and vegetables from the garden
- 11.10. Apple picking
- 12.10. Alzheimer Home
- 16.10. Individual speech therapy
- 19.10. A long autumn walk with tasks
- 25.10. Orange day
- 30.10. Individual speech therapy



October is the month of colorful autumn. As part of the two-week theme, we will talk about all the fruits that we can harvest in the field and in the garden. We will taste fruits and vegetables and go collect the last apples of the year in a nearby orchard. The children from the Green Class will visit the elderly at the Alzheimer Home in Modřany, where they will sing songs and make each other happy. In the third week, we will move to the forest, where we will collect and get to know all the fruits that the forest has to offer as part of a long autumn walk. The color of this month is orange, which, among other things, is associated with the most typical autumn fruit - the pumpkin. This will slowly move us into the last week of October, where we will be covering the popular spooky holiday of Halloween.

WEEKLY THEMES

- Harvest in the field and garden
- What grows in the forest
- Orange fruits
- Halloween

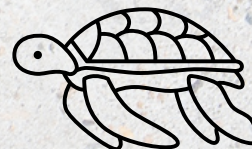




October in Hloubětín Kindergarten



This month, Eda will take us to the world of art in his realm. We will visit a painting studio, where Eda will introduce us to various creation techniques. We will find out that an artist is multi-faceted and also dabbles in photography, sculpture, acting, singing and composing music. We will show the children where we can admire their works and creations. With the onset of autumn, we will focus more on autumn colors and dress in autumn style throughout the week. We will try to experiment with water and use different color combinations. We will observe the changes in nature and the typical signs of autumn. Additionally, we will listen to the sounds of the trees, as well as perceive and examine the leaves enchanted by autumn. We will also monitor weather changes that bring us the best conditions for flying kites. During the whole month, we will have the Sovička IT tool at our disposal, which we will continuously involve in our educational activities. As part of the cooperation with the other branches of EduArt kindergartens, we will unveil the first Travel Suitcase with the theme on the Kingdom of Bees, which we will focus on during the project days.





EVENT CALENDAR

Blue Class:

6.10. Hlobětín Library
9.10. Canisterapy
10.10. Half-day trip to Ekocentrum Prales
18.10. Angels in Fur
20.10. Project Day - Tree Day
23.10. Puk Theater "Haló, Jácíčku!!!"

Yellow Class:

9.10. Canisterapy
13.10. Hlobětín Library
18.10. Angels in Fur
20.10. Project Day - Tree Day
23.10. Puk Theater "Haló, Jácíčku!!!"

Red Class:

10.10. Canisterapy
19.10. Angels in Fur
20.10. Project Day - Tree Day
23.10. Puk Theater "Haló, Jácíčku!!!"
27.10. Hlobětín Library

Green Class and Orange Class:

10.10. Canisterapy
19.10. Angels in Fur
23.10. Puk Theater "Haló, Jácíčku!!!"



WEEKLY THEMES

- "A painter, or about a painter who enchants autumn"
- Autumn color enchantment
- Can you hear the trees talking?
- Kite weather





October in Vinohrady Nursery



This month, we will fly through the autumn world. We will observe the changes that are happening in nature. Additionally, we'll see what happens in the gardens during autumn. We will notice how the fruit ripens, how the leaves change colour, and last but not least, encounter the smells of autumn. As part of this month, we will have a second project topic, "ANIMALS IN THE FOREST." Together, we will discover the secret places where forest dwellers hide and discover which animals belong to this group. We will find out what food is typical for them and explore where these animals reside, as well as find out why some animals look for places to hibernate. And maybe we'll even uncover some forest secrets!



WEEKLY THEMES:

- We fly through the forest landscape
- We fly through the autumn world
- Project week: Animals in the forest



12. 10. Caristherapy

