

# Eda's News

EduArt Nurseries and Preschools Newsletter  
2/2023

Dear parents, dear friends,

We are glad to have you reading our new newsletter once again. On the following pages, you can find out about everything that awaits your children from all of our kindergartens. In the editorial however, I will discuss the planned **"Kindergarten in Nature"** program located in Čestice in South Bohemia.



Last year was the first time we headed out for this kind of stay. It was a new experience for us and the children, which is why we chose a short period of 3 days. However, it turned out that 3 days wasn't enough for both the children and the teachers. We barely unpacked and looked around, and before we knew it, we were already packing up ready to head home again. In Čestice there are so many options to explore - we can choose from **several different playrooms, surrounding forests and farms, as well as an elaborate program focused on nature** that will be prepared by the teachers attending the trip. Our teachers, who will be present with the children at all times, will lead afternoon activities, which will take place mainly in the open air. In addition, there is a health worker present at all times, permanent night service, and the benefit that the recreational facility is specifically designed for preschool children.

**What are the benefits of experiencing an outdoor kindergarten for children and the children's community?**

- **stay in fresh air**
- **the omnipresence of the surrounding nature**
- **physical activities**
- **support of independence and self-care**
- **development of friendly relationships among the children**
- **a varied offer of environmentally focused activities**

We believe that this beautiful adventure will bring the children many nice experiences. You will also be informed about them regularly, as our teachers will send you information about what we did with them every evening. Additionally, we will upload photos from the whole day to our app.

I am sure that a kindergarten in nature is a definite benefit and will contribute to the all-around development of your children.

We look forward to your children's participation!

Ida Smékalová, co-founder

# February in Vinohrady Kindergarten

## EVENT CALENDAR

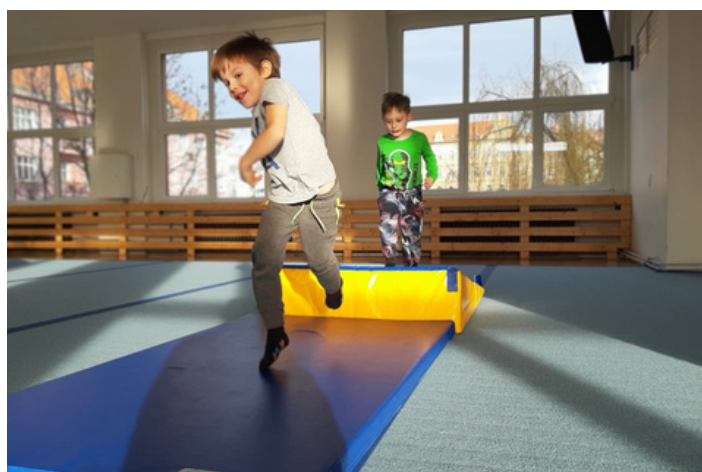
- 1.2. Project day (blue class)  
Traveling Suitcase "Me and My Emotions"
- 2.2. Project day (green class)  
Traveling Suitcase "Me and My Emotions"
- 9.2. Speech therapy
- 14.2. Heart day
- 16.2. Canistherapy
- 20.2. Eye examination
- 22.2. Project Between Us
- 23.2. Póóómoc Theater
- 23.2. Speech therapist
- 3.3. Carnival

Every Thursday, Grandma Emilka reads to us  
Every Friday, TJ Sokol



## WEEKLY THEMES

- "First questions and answers - What are bacilli"
- Teeth like pearls
- How to prevent accidents?
- What if something happens to me?
- "Masopustní" Carnival



In the first week of February, we will focus on the topic of health. We will get acquainted with the new book for this month: **First questions and answers - What are germs?** We will learn how to take care of our health - how to dress properly, what to eat and how to exercise. This month, as part of the new inter-school project, **"Traveling Suitcase"**, we will also focus on working with our emotions, which are an important part of our health. The project days, **"Me and my emotions"**, await us.

In the second week, we will learn about an important part of our body - **our teeth**. We will learn why it is important to take care of our teeth, and we will practice how to brush our teeth properly. We will find out that we have baby teeth and look at the process of them falling out. It will also be important for us to find out which foods help our teeth and which, on the contrary, damage our teeth.

In the third week, a beautiful **"Heart Day"** awaits us, where we will celebrate Valentine's Day with the children. Next, we will focus on the topic of security. We will review how to behave safely in the kindergarten. Additionally, we will learn how to walk properly on the street and what to watch out for. We will familiarize ourselves with the basic signs that we should know as pedestrians. As part of **canistherapy**, we will focus on safe access to dogs with children.

In the fourth week, we will focus on crisis situations that can occur in kindergarten, at home or on the street. In the kindergarten, we will welcome the theater **"Do světa" with the program "Pomóóóc"**, where the children will learn in a practical and fun way how to act in crisis situations. We will practice the fire alarm with the children and get to know the rules of first aid. The green class will once again visit our friendly retirement home as part of the **"Between us" project**.

We will close this month with the theme of Shrove Tuesday. A lot of making, dancing, baking, and other customs associated with this period await us. Let's find out what the carnival actually is, and at the end of the month, we will organize a **"Masopustní carnival"** in the kindergarten.

# February in Libuš Kindergarten

## EVENT CALENDAR

- 2.2. Career Day
- 8.2. Děčkosvět
- 14.2. St. Valentine's Day
- 15.2. Alzheimer Home
- 16.2. Vision examination in the kindergarten
- 20.2. Canistherapy
- 22.2. Carnival parade in masks
- 24.2. Fairytale Night
- 28.2. Visit to the branch of the city library in Krč

## WEEKLY THEMES

- About twelve months
- Winter sports
- Carnival
- A week with a book

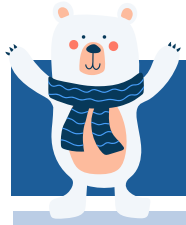


In the first week of February, we will once again immerse ourselves in the world of fairy tales. This time, the **Tale of the Twelve Moons** awaits us. Children will get to know its story and dramatize it. We will explain the term "month" and try to name all twelve months of the year and classify them according to season. On Wednesday, the children from the Green Class will visit the fairy tale exhibition in **Děčkosvět**.

In the second week of February, the topic of **winter sports** awaits us. Children will learn what types of winter sports there are, what their rules are, and what equipment is needed to perform them. The beginning of this week will also be marked by **St. Valentine's Day**, which is now a traditional holiday for all people in love. Once again, we will also visit the elderly at the Modřany Alzheimer Home. On Thursday, an orthoptist will visit our kindergarten, who will perform a professional eye examination for those interested.

The third week of February will be devoted to the **Masopust**. Children will get to know this event and learn about the traditions and customs associated with it. On Monday, our canine therapist will visit us with our favorite female dog, Freky, who will perform an interesting program. On Wednesday, the children can look forward to a colorful masked carnival. At the end of this week, a fairytale night will take place once again for those who are interested. This time, the theme will be Ice Kingdom.

We will end February with a topic devoted entirely to the development of pre-reading literacy. We have **a week with a book** ahead of us. With the children, we will talk about books and what secrets they hide. Everyone will be able to bring their own favorite book to the kindergarten and show it to their friends. Together with our reading grandmother, we will visit the **city library** branch near our kindergarten to find out where we can borrow books.



# February in Hlobětín Kindergarten

The month of February will be initiated by an exciting event - **the opening of the Blue Class**. The classroom is already filled with lots of new tools and toys and cannot wait for the children's arrival. Health will be the main topic of the month and our Project Day, "About a drop of water", will help us dive deeper into the topic. Further, we will discuss the current topic of presidential elections and democracy, where we will learn about democracy in a fun and playful way with the help of a book called, "Volte zvířata".

In the first week, Eda will introduce us to a new book called, **First Q&A - "What are germs?"**, which will accompany us for the rest of the month. We will learn what we can do to stay healthy, how to properly dress, and additionally learn a bit more about germs. At the end of the week, dental specialists will visit our kindergarten as a part of the project, Happy Smile, where they will teach us how to take care of our teeth.

In the second week - as a follow up on the previous week's visit - we will focus more on our **teeth**. We will talk about how to keep our teeth clean, how to brush them, and why it's important for our health.

In the third week, we will celebrate **St. Valentine's Day**, where the entire kindergarten will be turned into shades of red. Additionally, we will bring some joy to the elderly at the retirement home with a dance, song, and handmade cards.

All week long, we will focus on the **topic of safety** - not only within the kindergarten, but also outside of the kindergarten. We will learn how to safely cross the street, how to use pedestrian crossings, and what to look out for. We will talk about whom and what we can meet on the street, and during Friday's Canistherapy, we will focus more on how to behave around dogs.

On Thursday afternoon, we will enjoy a **"Masopustní Carnival"** with our parents. We will enjoy lots of dancing, crafts and other carnival activities. We will close this event with a carnival parade around the kindergarten

During February, all classes will visit the Hlobětín Library, where the children will enjoy a fun program and be able to get new books for the classrooms and return the borrowed ones. The end of the month will be dedicated to the topics of the Masopust period, which will include its importance, traditions and stories. We will enjoy carnival baking and will put a sweet dot after the month of February.

## EVENT CALENDAR

- 1.2. Project Day - Traveling suitcase "About a drop of water" (B)
- 3.2. Dental Prevention - Happy Smile
- 10.2. Hlobětín Library (R)
- 13.2. Project Day - Traveling suitcase "About a drop of water" (R+Y)
- 14.2. Heart Day - Visit to the Retirement Home
- 17.2. Canistherapy
- 20.2. Vision examination in the kindergarten
- 22.2. Project Day - "Democracy"
- 23.2. Slavic Carnival - event with parents
- 24.2. Library Hlobětín - discussion (Y+B)
- 24.2. Fairytale Night

## WEEKLY THEMES

- First Q&A - "What are germs?"
- Teeth like pearls
- How to prevent injuries?
- What if something happens to me?
- Slavic Carnival





# February in Vinohrady Nursery

In the cold month of February, we will first focus on the theme of **Colorful Thursday: Black & White 2.2.**, where we will come to the nursery dressed in black and white. Throughout this week, we will learn about many of the things surrounding us that are typically black and/or white. We will even include it in our activity creations!

Next week, we will focus on the topic of **teeth like pearls**. We will explain to the children which things are good and bad for our teeth. We will not forget to practice how to properly brush our teeth, including how to properly grip the toothbrush and, last but not least, we will know and experience the good feeling of how to deal with those naughty germs.

In the third week of February, we will talk about **health**, illness and what we can do to avoid getting sick. We will learn that there are vitamins in fruits and vegetables that help protect us from germs. We will also learn where we can find bacteria and what happens when it gets into our body (fever, runny nose, cough, etc...). Additionally, we will not forget to teach the children that it is extremely important for our health to be able to wash our hands and blow our nose correctly.

At the end of the month, we will talk with the children about the **animals that live in our forests**. We will ask the children if they have ever met an animal in the forest. Additionally, we will show pictures of various forest animals, such as foxes, deer, wolves, hares, etc. Next, we will ask the children how they think these animals feed themselves. The answer could be: apples, meat, grass, etc. We will show them pictures of the food that these forest animals actually eat. Finally, we will think about how we can help the forest animals and keep their natural environment in good condition (for example, by not destroying their nests or meadows where they graze).

## EVENT CALENDAR

- 2.2. Colorful day  
black and white Thursday
- 16.2. Canistherapy
- 21.2. Masopust carnival

## WEEKLY THEMES

- Color week - black and white Thursday
- Teeth like pearls
- We take care of our health
- Animals in the forest

