

Eda's News

Newsletter of EduArt Nurseries
and Preschools 03/2021

Dear parents, dear friends,

slowly a beautiful season comes - spring. Personally, I have spring connected with a feeling of optimism and I believe that we adults will have a reason for it in March in view of the pandemic and that everything is going to turn for the better. It is magical that small children don't worry too much about what will happen. They do not perceive our present in negative way - in short, they live in the moment.



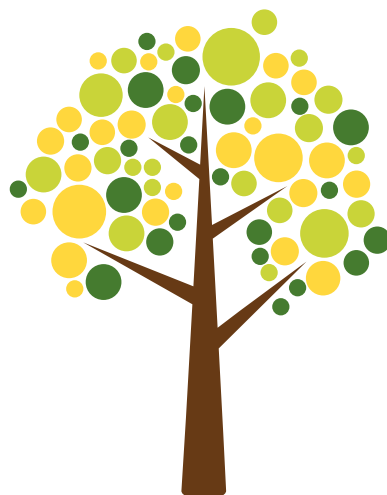
In our kindergartens, we observe this fascinating children's trait daily. As adults, we gradually lose this ability. It is children, who allow us to be carried away by the moment from time to time, forget the past and the future and experience the pure satisfaction of playing and discovering the world. This is one of the main things that makes our work unique and enriching.

Spring is also a period of new energy and inspiration for me. I believe that many of you, including children, feel the same way. We will definitely use the fresh breeze of spring in our minds and bodies in March when we do outdoor sports and also the creation of colorful spring decorations for our kindergartens. With the children, we will focus on contact with nature and observe how it waking up from hibernation. We will find out what cubs we can see in the spring, talk about Easter and the miracle of birth, and we will spend more and more time in the fresh air.

You can learn more about the planned activities on pages 2 and 3. On page 4, you have the opportunity to read an interesting article about the organization Mezi námi, with which our kindergarten in Prague 4 cooperates. The last page is dedicated to our teacher and teacher of courses Veronica, who leads the music and movement course in Prague 4 and the Neposedá course in Prague 2.

I wish you a pleasant reading!

Ida Smékalová
co-founder



March in Vinohrady

Event calendar

Online learning	1.3.-19.3.
Pohádková noc	26.3.
Easter celebration	30.10.



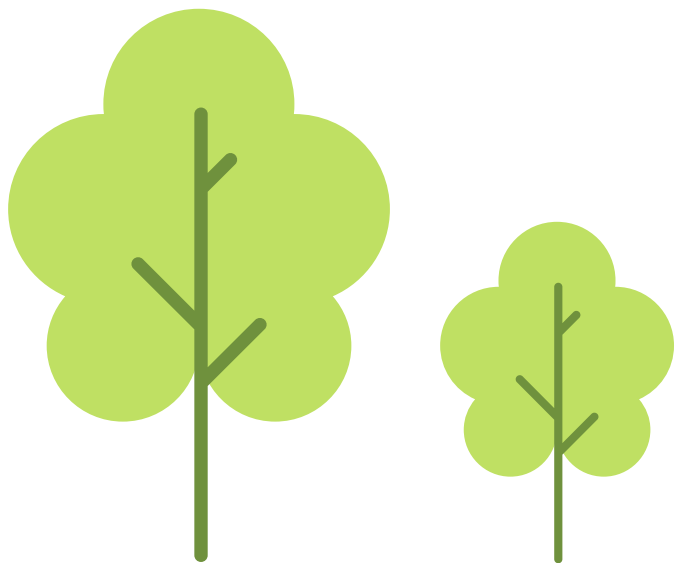
The month of March begins the theme "professions and crafts". Children will not miss an engaging week in which to get acquainted with various professions. They will also try many of them on their own.

Among other things, we will focus with the children on getting to know the urban agglomeration and explain the term "city". Children get acquainted with the environment in which they live and get to know the individual areas, their use and importance. For example, what are the streets, parks, monuments, public transportation, playgrounds, sports fields, shops and many other areas in which they move daily. We will also focus on a more personal space, an apartment or a house in which children live. What are the rooms for, what is it used for, but also how such a house is built and what does the phrase "home sweet home" mean.

The end of March will be welcoming sign of the much anticipated spring. With children, we will observe changes in nature and also in the nature we will gather inspiration for creative creation. An integral part of the celebrations of the arrival of spring are the Easter holidays, which we will devote to in the last week of March. Even in March, we will not forget the project week, this time on the topic of watercourses, areas and wetlands, which will be continuation of the oceans topic from last month.

Weekly topics:

- Professions and crafts
- My home (Můj dům, můj hrad)
- City, where I live
- Watercourses, areas and wetlands
- Easter



March in Libuš

With the gradual arrival of spring, we moved to the month of March, in which a lot of interesting events await us.

We will first focus on the topic of My Body. We will learn a lot of new information, for example, how our lungs work. We will be taking care of our teddybear friend and make sure it is happy and healthy. We will walk through our forest Kamýk to observe the spring nature and enjoy the sport activities, which are very important for our body.

Next we move on to the topics of healthy nutrition and diseases. We will not scare children with diseases, but we will explain to them what the disease is and, most importantly, how to prevent it. We will focus on proper hygiene.

At the end of the month, we celebrate the arrival of spring, plant the first seeds and we will enthusiastically observe the spring nature that is awakening to life.

Týdenní témata:

- My body
- Health and illnesses
- Healthy food
- Transportation
- Spring is coming

Event calendar

Online learning	1.-19.3.
Traffic playground	23.3.
Fairytale night	2.4.



Cooperation with organization "Mezi námi o.p.s."



The time is not easy and we hear from all sides the call to reduce social contacts in society. The most vulnerable group are the elderly, living in nursing homes, who cannot meet their grandchildren and great-grandchildren.

The EduArt kindergarten considers the idea of connecting the oldest with the youngest to be very important, and therefore we cooperate with the organization Mezi námi o.p.s. Children in Prague 4 are involved in the "Talk" program and regularly visit the nearby Alzheimer's Home in Modřany. Here, together with their grandmothers and grandfathers, they create, sing, play various games in the area of the home for the elderly and enjoy the time spent together. Another joint program is called "Read", during which grandmother Dagmar visits our kindergarten and reads fairy tales to children. Young and old discover, get to know each other, learn about mutual respect and esteem. Children pass on energy and vitality to grandmothers and grandfathers. A warm relationship is established between children and seniors.



Organization Mezi námi o.p.s. supports the meeting of people of all generations. Nowadays, communication takes place at least thanks to the delivery of small gifts at a distance and the connection through the coordinator. When we are sure that we cannot infect and endanger each other in the current pandemic situation, everything will return to normal.



Veronika Zámečnicková

This time, Veronika Zámečnicková, a teacher from a kindergarten in Prague 4, will introduce herself. Verča is currently on maternity leave, but she is still involved and participates in a number of activities at both branches.

Although my family comes from Moravia, I was born and live in Prague. At home I have two little girls with whom I spend a lot of time outdoors, but we also produce and paint a lot.

Already in elementary school, I helped my mother with the organization of events for children. I always enjoyed working with children and they liked to spend time with me, so I decided to go to pedagogy high school. Right after school I started working in my first kindergarten. Working in a kindergarten also became my hobby, so during the summer holidays I went to help other kindergartens. In addition, at this time I started going to summer camps as a teacher and today I organize these camps.

While working in kindergarten, I completed various courses, mainly children's yoga, Thai chi, first aid courses or training in Montessori pedagogy. Recently, I successfully completed my university studies in kindergarten teaching.

When I have a moment off, I sit down at the sewing machine and sew clothes for me and my two princesses.

