

Eda's news

Newsletter of EduArt Nurseries and Preschools
1/2021

Dear parents, dear friends,

we have behind us probably one of the most challenging years , which any of us has experienced. It may sound like a cliché, but as an essential optimist, I would like to take the past year also as an opportunity to see things from a different angle and look for the good sides of a bad situation.



Thanks to the pandemic, many people learned to work from home, they found innovative approaches to work and problem solving, also a wave of solidarity and mutual empathy has risen. And most importantly - we were "forced" to spend more time with family and children. We also realized the importance of freedom. It is clear that there are much more negatives of the situation than the positives, but I believe that it also has taught us a lot. I believe that it has strengthened our relationship too - between kindergarten and parents and also between teachers and children.

I would like to thank everyone for their cooperation over the past year. For the fact that you were heavily involved in the charity project "Shoe Box" and especially for the intensity with which you showed us (in person, in writing or as through a gift) at the end of the year, that you do not take our work for granted, perceive it positively and in context . The fact that it works well for all of us in the "Eduart family" is also your great credit.

The first month of the new year will be full of fun and interesting activities in our kindergartens. You can read about them in more detail on the following two pages. In December, consultations with parents took place at both of our branches, which certainly enriched both our team and you. We were inspired by them, among other things, to write the article on page 4. It deals in detail with the daily routine in EduArt kindergartens. Be sure to read it - it offers a deeper insight into the concept of our day and program.

Thank you for your unfading support and I wish you good health and optimism in 2021.

Ida Smékalová
co-founder

January at Vinohrady

EVENT CALENDAR

Three kings present giving	6.1.
Herold gardens (sun clock)	13.1.
Theater "Animal Fairy Tales"	14.1.
Project week "Arctic landscape"	18.-22.1.
Riegr Gardens (Animals in winter)	20.1.
Bezruč Park (carnival parade)	27.1.
Carnival party in costumes	28.1.
Fairy Tale Night in costumes	29.1.

Weekly themes:

- Time
- Winter sleep of animals
- Project Arctic landscape
- Carnival (Carnival week)

The fairy Melusine will guide the children through the freezy month of January.

This month, we will focus on the development of time ideas (morning, evening, tomorrow) within the theme of time.

We will observe natural changes and get to know the animals that live in the wild and survive the winter. We will also observe the animals outside in Riegrový sad.

Even in January, we will not forget our year-round project - this time on the theme of the Arctic Landscape. Through all the senses, children will explore another habitat of our planet during the project week.

Emphasis will also be placed on folk traditions and pronostics in January, especially during our Carnival Week. There will be a carnival parade and a Fairytale Night with costumes.



January at Libuš



January is coming to us and we will get to know the figures and the story of the Three Kings at its beginning.

In the second week, the Winter Olympics await us, where children will have fun with many interesting sport tasks. At the end of this week, there will be a medal ceremony too. Emphasis will also be placed on nature and animal care. We will produce tallow balls and bring them to birds in park.

Last but not least, we will talk about water and its forms, we will also try original experiments with water. This month we also have a non-traditional event - a pajama party. At the pajama party, we will have a lot of fun and enjoy a favourite pillow fight.

At the end of the month, we will not forget to celebrate with our animal friend rabbit Kája, who will have a birthday. The children will prepare a vegetable cake for Kája, which the rabbit will surely enjoy.

EVENT CALENDAR

Three kings present giving	6.1.
Forest olympic games	11.1.
Feedenig the birds in the park	21.1.
Rabbit's Kája birthday	26.1.
Pajama party	27.1.

Weekly topics:

- Three Kings
- Winter Olympics
- Birds in the park
- Water transformations



Daily regime at EduArt



In children's eyes, the time is a very abstract concept, sometimes not understanding it can lead to stress and inner discomfort. The very effective tool for eliminating this discomfort, which we use in our kindergarten, are the so-called daily rituals. These are certain periods of time that are repeated every day (except for our trips) and which form the unchanging basis of the daily program. Thanks to these repetitive rituals, children naturally orient themselves and know what stage of the day they are at.

Spontaneous morning games

After arriving at the kindergarten, the so-called free play awaits the children from half past seven to nine o'clock. As the name suggests, this is a time for playing with friends and toys. This ritual is further divided into two halves, the first of which is done in a one group and is focused on purposefully selected toys and aids by the teachers. The second half takes place in class, where children really play according to their own preferences.

Morning circle, warming up

The morning circle follows at 9 AM. It has its fixed points in the form of a welcome song "Hello, hello, what's your name", led by Edík (wooden puppet). It continues with the movement rhyme "Hello" and counting children in class. It's time for a chat about the daily theme, which ends with a weekly poem and song. The last part of the morning circle is a warm-up. This ritual is very important for both children and teachers. This is a key starting point for the whole day. Hygiene and a morning snack follow.

Controlled activity, outdoor stay

Then comes the main part of the day - controlled activity - creation, sports, cooking, music making, theater, etc. This ritual is adjusted for each class individually, according to the dispositions of children and is always linked to the current theme of the week. Hygiene is followed by getting dressed and going outdoors. With returning to kindergarten, hygiene, lunch and hygiene after lunch, the morning program ends.

Lunch and afternoon activities

Some children go home after lunch, some children go to bed. Older and preschool children have a second controlled activity focusing on preschool preparation (graphomotor skills, pre-reading literacy, pre-mathematical skills). The sleep ritual begins with reading fairy tales, during which most children fall asleep. After waking up, the beds and linen are cleaned. A short free game for a complete awakening is an ideal link before hygiene and an afternoon snack. After the children leave home for the second pick-up time, the last phase of the day comes, when there is space for individual play and creation. In the summer months we add a second outdoor stay. All the above-mentioned rituals are accompanied by transitional songs, where we sing specific songs with the children (cleaning, dressing, etc.) for the given act, which again make it easier for the children to orient themselves. This daily routine, which is unchanged for the entire school year, is essential for the well-being of children in kindergarten and for rooting the certainties that guide them in the abstract world of time. At the same time, it is a base for living habits for the future, which are key in the lifelong journey of each of us.

