

Eda 's News

EduArt Nurseries and Preschools Newsletter
10/2022

Dear parents, dear friends,

we are glad you are opening our newsletter - for the second time in this school year. As in all in previous newsletters you will read what events are prepared for your children and what topics we will focus on. Don't forget to check out the last page of this issue - where we introduce our EduArt catering in detail.

In our kindergartens, we teach children through experience. We want our little pupils to try all sorts of artistic activities and become familiar with musical, artistic and movement expression. Importantly - dramatic education is also part of our focus. It takes place every day and is reflected in spontaneous and main activities.

One of the substantial techniques of dramatic education is the use of puppets in teaching. Children meet "little Eda" every day. He communicates with them, becomes their friend. He gets closer to them - stimulates children's imagination, creativity, empathy, communication and critical thinking.

"Eda" also plays an important role in the child's adaptation period in kindergarten. Have you already met our Eda? :-)

I wish you beautiful autumn days and I look forward to seeing you at Eduart kindergartens!

Radka Wirthová
director, founder



October in Vinohrady Kindergarten

EVENT CALENDAR

4.10. Library visit
11.10. Měšice farm with pony rides
19.10. Autumn Forest - trip to Kunratice forest
21.10. Autumn day
26.10. Project "Between us"-Alzheimer Home
27.10. Flying Kites
31.10. Halloween party

WEEKLY THEMES

- Can you hear the trees talking?
- Autumn Crops
- Magic with Autumn Colors
- Flying Kites

Time goes quickly and we said goodbye to summer in September. Autumn will be the central theme of October. Eda will guide us throughout the month. This time he has chosen an encyclopedic book "Do you hear the trees talking?" by Peter Wohlleben, from which we are going to learn a lot of interesting things.

Already in the first week, we will open it and set out to discover the secrets of trees. How do trees breathe? Can trees talk? Do trees have families? We will find out! We are going to learn what parts does a tree have and learn to distinguish coniferous and deciduous. We are going to discover names of the trees around us. Let's become tree experts! Last but not least, we will find out whether we need trees to live. During the visit of the library, we are going to explore more about the production of paper and books.

The second week we will find out how rich the autumn season is and what fruits it brings us. We will be able to name many of them, collect them and use them in teaching and creation. Just as we perceive the changes during autumn, so do the animals. Let's find out what animals do in autumn. To verify our knowledge, we will go to the nearby "Měšice Farm", where many other animals live including ponies.

The third week of autumn will be full of colors. We will go to the Kunratice forest to observe them. A lot of colorful creation and playing awaits us. At the end of the week we are going to have an "Autumn Day" and dress up in the colors of this season.

The last week of this month is dedicated to the joys that autumn brings us. A lot of fun awaits us, playing with leaves, chestnuts and other fruits. Wind and weather will be the central theme of this week. We will discover how strong the wind can be and how it is possible that dragons fly. We will find out what actually flies and what doesn't. Overall, we will summarize our observations about the autumn weather. And of course we are also going to run out with kites. This week we will go for first visit to senior home too - as part of the "Between us" project.

Lastly a Halloween party is planned with fun activities and costumes.

October in Hloubětín Kindergarten

EVENT CALENDAR

- 3.10. Speech therapy screening
- 4.10. Animal day
- 7.10. Library visit
- 24.10. Trip to Toulcův Dvůr Farm
- 26.10. Flying kites
- 31.10. Lights Feast - creative workshop with parents

WEEKLY THEMES

- Can you hear the trees talking?
- Autumn Crops
- Magic with Autumn Colors
- Flying Kites

For the first week of November, Eda had prepared for us a brand new book - Can you hear the trees talking?! It is going to take us to the forest. We are going to talk about why we should protect our forests, how to behave there and why some animals are afraid of humans. We are going to learn that some birds leave the country for the winter and others hibernate during this period. We are going to say goodbye to these animals with an autumn song. Tuesday is Animal's Day and there is going to be a surprise waiting for us and we all will have to take care of this "surprise" from that day. On Friday, we are going to visit and explore the library in our neighborhood where we can borrow our first book and bring it to the kindergarten.

The second week of November, Eda is going to introduce all the different autumn crops that we are going to match with the trees and bushes. We are going to discover everything that the autumn nature hides and what can be made out of autumn crops not only in the classroom but also outside in the yard. In crafts, we are going to use fabrics, buttons, wood and learn the basics of artefietic exercise. Furthermore, we are going to learn how to dress up in the chillier weather and we are going to observe the changes in the weather and the magical power of nature on our walks.

During the third week of November, we are going to do experiments with autumn colors together with Edík. We are going to try experiments mixing various colors, we are going to put the autumn nature on a paper and explore the colors associated with it. We are going to use scarfs and the music will lead us during our dramatization of falling autumn leaves. During our walks, we are going to observe the leaves too - their colors, scents and the sound of it.

The fourth week of November, we are going on a trip to Toulcův Dvůr with a Tiny Farm programm waiting for us. We are going to learn about how farm animals behave, how to take care of them, what they need and how to be in a safe contact with them. During the entire month we are going to focus on changes in temperature and weather and we are going to dramatize these changes using parachute - from a tiny drizzle to a huge storm, from a gentle breeze to a huge storm. We are going to also musically perform the falling rain. On Wednesday, we are going to fly our handmade kites. Last day in the month, there will be an event called "Podzimní světýlkování" (Lightening Up). We are going to promenade in our Halloween costumes. After the parents make their own jack-o'-lanterns together with their children, we will light them up behind our kindergarten and we close the day with the lantern parade in the neighborhood.

October in Libuš Kindergarten

In the first week of October, another of the autumn topic awaits us, specifically we will talk about Harvesting in the garden. Children will learn about basic types of fruit and vegetables that are typical for the garden's autumn harvest and will learn why it is important to harvest them before winter. We will talk about how we can further work with these products - how to cook and process them. As part of apple picking, we will go to a nearby orchard to collect fallen apples and pears. In addition, selected courses will start for those interested this week.

The second week of October, as well as the second week of our annual fairy tale project, will be focused on the first specific fairy tale - About Snow White and the Seven Dwarfs. We will read this fairy tale with the children, narrate it and try to dramatize it. We will define the concept of good and evil and learn to count to seven. On Wednesday, we will go on a trip to see the animals at the Chleby Zoo, where we will have a guided tour and many types of local and exotic animals to see.

We will cover the topic of Day and Night in the third week of October. We are going to talk about why day and night alternate and what is the difference between them. Together we are going to describe activities that are typical for a certain time of day. In addition, children from the Green Class can look forward to a regular visit to the Alzheimer Home in Modřany, where they go every month to visit and cheer up the elderly. On Friday, we will hold the first Fairy Tale Night of this school year.

We can look forward to one of the most popular topics of the year in the fourth week of October. Halloween is here again and we will welcome it properly with the children. We will talk about where and why it is celebrated, what is its origin and characteristic features. The children will make spooky decorations and at the end of the week we will celebrate this holiday in the kindergarten during our Halloween party in various scary costumes.

EVENT CALENDAR

4.10. Apple picking
12.10. A trip to Zoo Chleby
19.10. Visit to the Alzheimer Home
21.10. Fairytale Night
27.10. Halloween party

WEEKLY THEMES

- Harvest in the garden
- About Snow White and Seven Dwarfs
- Day and Night
- Halloween

October in Vinohrady Nursery

In the past month, we met new friends and explored new environment, we learned rules that help us to orient ourselves. We got to know the teachers who are great guides for us during the time we spend without our parents. They teach us a lot of new things and offer us a warm hug when needed.

Not only friends from the human realm, but also those from the world of toys are important elements in our lives, that's why we devoted a significant part to getting to know them. We learned how to treat them nicely with love and also where do they belong.

An important person in the nursery is our puppet Edík, whom we meet every day. He, too, will guide us through our weekly topics. It is our friend through whom we communicate and supports our imagination and fantasy. It teaches us empathy and communication and helps us feel natural and more at home in the nursery.

In the month of October, we will continue to internalize the rhythm, order and rules that the nursery provides us. Of course, new sensations and experiences await us too.

In the first week of October, we have an event called Color Thursday (6th of October), when we come to the nursery dressed entirely in yellow, as much as possible. We will gradually learn all the colors that surround us and get to know what a colorful world we actually live in.

We spend a significant part of the morning outside, and especially autumn, which we have entered, offers us a wide range of colors.

The second week we will focus on the fruits of autumn together and learn what wealth is hidden in nature.

The third week with its theme Animals in Autumn, will teach us something about our friends from the animal world. We are also going to try to create animal figures in the nursery. In this week, parents and teachers will also meet at class meetings, which will be held on 20.10. from 17:00.

The last week of October will be dedicated to Halloween and the celebrations and costumes associated with it. We will carve pumpkins, light the lights and also enjoy our great costumes at the Halloween party on October 27.

KALENDÁŘ AKCÍ

6.10 Yellow Thursday
20.10. Parents meeting
27.10 Halloween celebration

WEEKLY THEMES

- Color week
- Fruits of Autumn
- Animals in autumn
- Halloween week

Catering in EduArt

Creating a menu

Lunches are delivered to all our kindergartens by the accredited Ekolandia canteen, and we always order them so that the children have a balanced and varied menu. We want them to taste and get to know new dishes, which is why we are very happy to have Ekolandia as our partner. Ekolandia cooks varied, healthy and colorful dishes that children really like.

There are two snacks, the first in the morning after the morning circle, the second in the afternoon after bedtime. They are prepared by our housewives, who carefully monitor the children's eating habits. In addition to regular meal times, we will give children something to eat whenever they are hungry. There is often one more unofficial snack in the evening around 5:00 p.m. before the last children leave.

For example, in the kindergarten in Prague 2, it has already become a nice habit that every Friday, when we discuss the shopping list for the following week with our housekeeper Jitka, we discuss the past week and discuss what was the biggest hit and what the children didn't like so much. We invent new recipes for snacks and new ways to serve less popular dishes to children. There is no greater praise for our housekeepers at all branches than when a child comes up to them with the words: "That was so good, please add more".

Drinking regime

Unsweetened fruit tea and water are available to children throughout the day in the kindergarten. We add lemon, lime or mint to the water. Each child has a bottle, a cup or a glass on the table in the dining room/classroom, to which they have access throughout the day. Teachers monitor children's drinking habits and remind them during the day that they should drink. As a rule, preschool children should drink about 1.5 liters of fluids per day.

Access to food

We support children in a positive approach to eating. Children should eat undisturbed in a quiet environment and have enough time to eat. Small children perceive food with all their senses, so they can reject food only because of its color or consistency. It is always advisable to find out why the child refuses the given food. According to studies, children can accept a new food after the fifteenth attempt. We are therefore patient, we do not pressure the children, we set an example for them and communicate openly with them about food. We never force children to eat, but we do have a tasting rule agreed upon with them. Uneaten food does not deserve reproach, just as eaten food does not deserve too much praise or reward.

What can you contribute?

You can support children's relationship with food by involving them in the preparation. Let the child choose food in the store that he has not had before and would like to try. Talk about raw materials. Ask him for help with washing fruits and vegetables. Give him the opportunity to put himself the dish on his plate.

